

BLESSED

Living the Beatitudes

Matthew 5:1–12

Women's Fellowship • Saturday, September 26, 2026

What Are the Beatitudes?

Matthew 5:1–12

- Teachings of Jesus from the Sermon on the Mount.
- “Blessed” means more than simply feeling happy.
- Jesus describes a life that is spiritually rich and secure in God.
- The Beatitudes reveal the heart and character of a Kingdom woman.

1. Blessed Are the Poor in Spirit

Matthew 5:3

“Lord, I need You.”

- Recognize our need for God.
- Release pride and self-sufficiency.
- Depend on God rather than ourselves.

2. Blessed Are Those Who Mourn

Matthew 5:4

God sees our tears.

- God meets us with comfort in difficult seasons.
- Our tears do not mean God has forgotten us.
- Those sorrowful over their sin and brokenness.

3. Blessed Are the Meek

Matthew 5:5

Meekness is NOT weakness!

- Strength under control.
- Choose humility instead of pride.
- Respond with grace rather than retaliation.

“I don't have to prove myself. God knows who I am.”

4. Blessed Are Those Who Hunger & Thirst

Matthew 5:6

What am I hungry for spiritually?

- Desire God more than worldly approval.
- Seek His Word and His ways.
- Choose righteousness even when it is difficult.

5 & 6. Mercy + Purity of Heart

Matthew 5:7–8

MERCIFUL

Give grace because God has given us grace.

Show compassion. Practice forgiveness.

PURE IN HEART

Seek God sincerely.

Let your motives become more like Christ.

Reflection: Is my heart becoming more like Christ?

7. Blessed Are the Peacemakers

Matthew 5:9

- Don't intentionally create confusion or conflict.
- Know when to speak—and when to be quiet! 😊
- Seek reconciliation where possible.
- Bring peace into home, church, work, and relationships.

Fun Check-In: “Am I a peacemaker—or do I sometimes need to check myself?” 😄

8. Blessed When We Are Persecuted

Matthew 5:10–12

Faithfulness may have a cost.

- Doing right will not always make everyone happy.
- Following Christ may sometimes cost us.
- God sees and values our faithfulness.
- Don't trade your convictions for acceptance.

The Beatitudes: A Kingdom Woman

HUMBLE • COMPASSIONATE • MEEK • HUNGRY FOR GOD

MERCIFUL • PURE IN HEART • PEACEMAKER • FAITHFUL

Not perfection—direction.

The goal is not to “look blessed.”
It is to live like a woman of the Kingdom.

Discussion & Reflection

- Which Beatitude speaks to you the most right now?
- Which one is challenging for you?
- How can we practice the Beatitudes in everyday life?
- What does being “blessed” mean to you now?

BLESSED DOESN'T MEAN TROUBLE-FREE.

It means GOD IS WITH US through every season.

“Rejoice, and be exceedingly glad...”

Matthew 5:12

FINAL BLESSING

**May we leave today not just knowing the Beatitudes,
but living them—showing Christ's love, grace, mercy, and peace wherever God places us.**

THE Beatitudes

MATHEW 5:3-10

One

Blessed are those poor in spirit for the kingdom of heaven is theirs (5:3)

THOSE WHO
ACKNOWLEDGE
THEIR NEED
FOR JESUS

will be
welcomed
in his
presence

Two

Blessed are those who mourn, for they will be comforted (5:4)

THOSE
SORROWFUL
OVER THEIR
SIN

will be
comforted
by christ's
forgiveness

Three

Blessed are the humble, for they will inherit the earth. (5:5)

THOSE
EXERCISING
HUMILITY

will reign
with
christ in
eternity

Four

Blessed are those who hunger and thirst for righteousness, for they will be filled. (5:6)

THOSE
OBEYING
GOD'S
WORD

will be at
peace
with God

Five

Blessed are the merciful, for they will be shown mercy. (5:7)

THOSE
MERCIFUL
TO OTHERS

will
receive
God's
mercy

Six

Blessed are the pure in heart, for they will see God. (5:8)

THOSE
MADE
NEW IN
CHRIST

will
behold
God in
heaven

Seven

Blessed are the peace makers, for they will be called the sons of God. (5:9)

THOSE
SEEKING
GOOD FOR
ALL

will be
considered
godly

Eight

Blessed are those who are persecuted because of righteousness, for the kingdom of heaven is theirs. (5:10)

THOSE
PERSECUTED
FOR FAITH IN
JESUS

will be
exalted
in his
kingdom